## CEYOC Training Camp 04 – 05 April 2019 Štramberk GERMANY, HUNGARY and CZECH REPUBLIC

## **Final information:**

## Thursday, April 04

from 15:00 accommodation available (hard floor and own sleeping bags) in Štramberk, Sports

hall. Adress: Záuličí 620, Štramberk

16:00 – 18:00 training (sprint legs)

18:45 – 20:30 dinner **Restaurace Prosek**, Záuličí 462, Štramberk

(together 70 participants will split to the two groups)

## Friday, April 05

7:00 – 8:20 breakfast (the same restaurant)

9:30 – 11:00 training (combotech)

11:30 – 12:45 lunch (the same restaurant)

(together 80 participants will split to the two groups)

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